

Review Course for Regenerative & Longevity Medicine in IPM

Virtual Review Course

March 7, 2026

(Working Draft – Created on 9.23.2025)

Course Directors: Laxmaiah Manchikanti, MD; Annu Navani, MD, Navneet Boddu, MD; Mahendra Sanapati, MD

Saturday, March 7, 2026 (Central Time)

7:55 am – 8:00 am	Introduction to Technical Aspects of Webinar
8:00 am – 10:00 am	Session Chair: Mahendra Sanapati, MD
8:00 am – 8:10 am	Introduction to ASIPP and Course Mahendra Sanapati, MD
8:10 am – 9:00 am	ABIPP Board and Competency Certification: Can Competency Certification in Regenerative Medicine Enhance Your Practice? Laxmaiah Manchikanti, MD
9:00 am – 10:00 am	Basics and Technical Aspects of the Application of Fluoroscopy and/or Ultrasound in Regenerative Medicine Sheri Albers, DO
10:00 am – 10:15 am	BREAK
10:25 am – 12:10 pm	Session Chair: Navneet Boddu, MD
10:15 am – 10:20 am	Introduction by Session Chair Navneet Boddu, MD
10:20 am – 10:50 am	Functional Unit: Pathophysiologic Approach to Regenerative Medicine Annu Navani, MD
10:50 am – 11:30 am	Bone Marrow Concentrate: Evolution, Application and Acquisition in Musculoskeletal and Lumbar Spine Disorders Sairam Atluri, MD
11:30 am – 12:10 pm	PRP: Evolution, Physiology, Application and Acquisition in Musculoskeletal and Lumbar Spine Disorders Sheldon Jordan, MD

12:10 pm – 12:40 pm	LUNCH
12:40 pm – 3:00 pm	Session Chair: Mahendra Sanapati, MD
12:40 pm – 12:45 pm	Introduction by Session Chair Mahendra Sanapati, MD
12:45 pm – 1:25 pm	Adipose Derived Stem Cells: Evolution, Physiology, Application and Acquisition in Musculoskeletal and Lumbar Spine Disorders Matthew Murphy, PhD
1:25 pm – 2:00 pm	Business Basics for Regenerative Medicine: Avoiding Pitfalls TBD
2:00 pm – 2:30 pm	Intraosseous Injections: Basic Science, Technical Consideration Navneet Boddu, MD
2:30 pm – 3:00 pm	Legal and Ethical Considerations Sheldon Jordan, MD
3:00 pm – 3:15 pm	BREAK
3:15 pm – 5:30 pm	Session Chair: Annu Navani, MD
3:15 pm- 3:20 pm	Introduction by Session Chair Annu Navani, MD
3:20 pm – 4:00 pm	Application of Regenerative Medicine in Lower Extremity Disorders: Evidence and Technical Considerations (Fluoroscopy and/or Ultrasound) – A Functional Unit Approach TBD
4:00 pm – 4:45 pm	Application of Regenerative Medicine in Upper Extremity Disorders: Evidence and Technical Considerations (Fluoroscopy and/or Ultrasound) of Intraarticular Injections – A Functional Unit Approach TBD
4:45 pm – 5:30 pm	Spine Imaging Sheri Albers, DO
5:30 pm – 6:15 pm	Application of Regenerative Medicine in Spinal Disorders: From Theory to Practice of Functional Spine Unit

Annu Navani, MD

6:15 pm – 7:00 pm

Open Forum Discussion

Panel: **All faculty**